



# SEPTEMBER 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>DMV2GO</b></p> <p>Monday, September 19 Veteran Affairs Medical Center 9am – 4pm</p> <p>Thursday, September 22 Salem Civic Center Parking Lot 9am – 4pm</p> 			<p>8:45 am – Zumba <b>1</b></p> <p>10 am – Art on your own</p> <p>10 am – Quilting</p> <p>11:00 am – 49ers + Club Mtg</p> <p>12:30 pm – Singer's Practice</p> <p>12:30 pm – Cards on your own</p>	<p>8:45 am – Exercise <b>2</b></p> <p>10:15 am – Tai Chi Class</p> <p>10:30 am – Senior Mtn Pickers</p>
<p align="center"><b>LABOR DAY</b></p> <p align="center"><b>CENTER CLOSED</b></p>	<p>8:45 am – Exercise <b>6</b></p> <p>10 am – Chair Caning &amp; Basket Weaving</p> <p>10:15 am–Tai Chi at C. Lutheran</p> <p><b>1:30 pm – Singers at Richfield; JC Thomas Building</b></p> <p>2 pm – Ballroom Dance</p> <p>5:15 pm – TOPS #313</p>	<p>9 am – Tap Class <b>7</b></p> <p>10 am &amp; 11:15 am – Yoga</p> <p>10 am – Ceramics Class</p> <p>10 am – Needlework</p> <p>1 pm – Line Dance</p> 	<p><b>8:30 am–Bus takes Singers to Cave Spring Baptist Church</b></p> <p>8:45 am - Zumba</p> <p>10 am – Art on your own</p> <p>10 am – Quilting</p> <p><b>11 am – Van leaves for 49ers lunch at Hale's Restaurant</b></p> <p>12:30 pm – Cards on your own</p>	<p>8:45 am – Exercise <b>9</b></p> <p><b>9 am – Bus leaves for VA Tech/Smithfield Tours</b></p> <p>10:15 am – Tai Chi Class</p> <p>10:30 am – Senior Mtn Pickers</p> 
<p>9 am – Bridge <b>12</b></p> <p>12:30 pm – Senior Mtn Pickers</p> <p>1:00 pm – Mexican Train Dominos</p> <p><b>NO COLE BLUEGRASS SHOW THIS MONTH</b></p>	<p>8:45 am – Exercise <b>13</b></p> <p>10 am – Chair Caning &amp; Basket Weaving</p> <p>10:15 am–Tai Chi at C. Lutheran</p> <p>2 pm – Ballroom Dance</p> <p>5:15 pm – TOPS #313</p> <p><b>TBA – Movies out - Valley View to see "Sully" starring Tom Hanks</b></p>	<p>9 am – Tap Class <b>14</b></p> <p>10 am &amp; 11:15 am - Yoga</p> <p>10 am – Ceramics Class</p> <p>10 am – Needlework</p> <p>1 pm – Line Dance</p>	<p>8:45 am – Zumba <b>15</b></p> <p>10 am – Art on your own</p> <p>10 am – Quilting</p> <p>11:00 am – 49ers + Club Mtg</p> <p>12:30 pm – Cards on your own</p>	<p>8:45 am – Exercise <b>16</b></p> <p>10:15 am – Tai Chi Class</p> <p>10:30 am – Senior Mtn Pickers</p> <p><b>1 pm – Scrabble &amp; Trivial Pursuit (Sign Up)</b></p> <p><b>Challenge our Staff</b> ← </p>
<p>9 am – Bridge <b>19</b></p> <p>12:30 pm – Senior Mtn Pickers</p> <p>1:00 pm – Mexican Train Dominos</p> 	<p>8:45 am – Exercise <b>20</b></p> <p>10 am–Caning/Basket Weaving</p> <p>10:15 am–Tai Chi at C. Lutheran</p> <p><b>1 pm–Singers leave for Our Lady of Valley</b></p> <p><b>1 pm–Sr. Remodeling Talk</b></p> <p>2 pm – Ballroom Dance</p> <p>5:15 pm – TOPS #313</p>	<p>9 am – Tap Class <b>21</b></p> <p>10 am &amp; 11:15 am - Yoga</p> <p>10 am – Ceramics Class</p> <p>10 am – Needlework</p> <p>1 pm – Line Dance</p> 	<p>8:45 am – Zumba <b>22</b></p> <p>10 am – Art on your own</p> <p>10 am – Quilting</p> <p>11 am – 49ers + Club Mtg</p> <p>12:30 pm – Cards on your own</p>	<p>8:45 am – Exercise <b>23</b></p> <p>10:15 am – Tai Chi Class</p> <p><b>10:30 am – NO PICKERS THIS FRIDAY</b></p> <p><b>2pm – Vendor Move in for Fall Bazaar (Ends at 5pm)</b></p>
<p>9 am – Bridge <b>26</b></p> <p>12:30 pm – Senior Mtn Pickers</p> <p>1:00 pm – Mexican Train Dominos</p> 	<p>8:45 am – Exercise <b>27</b></p> <p>10 am – Chair Caning &amp; Basket Weaving</p> <p>10:15 am–Tai Chi at C. Lutheran</p> <p><b>10:30 am – Singers at Snyder's Nursing Home</b></p> <p>2 pm – Ballroom Dance</p> <p>5:15 pm – TOPS #313</p>	<p>9 am – Tap Class <b>28</b></p> <p>10 am &amp; 11:15 am - Yoga</p> <p>10 am – Ceramics Class</p> <p>10 am – Needlework</p> <p>1 pm – Line Dance</p>	<p><b>9 am – Bus leaves for Barter Theatre in Abingdon</b></p> <p>10 am – Art on your own</p> <p>10 am – Quilting</p> <p>11 am – Blood Press. Checks</p> <p><b>12 noon – MONTHLY COVERED DISH LUNCHEON w/entertainment by</b></p> <p>12:30 pm – Cards on own</p>	<p>8:45 am – Exercise <b>30</b></p> <p><b>9 am – Bus leaves for New York, New York Trip</b></p> <p>10:15 am – Tai Chi Class</p> <p>10:30 am – Senior Mtn Pickers</p> <p><b>1 pm – Scrabble &amp; Trivial Pursuit (Sign Up)</b></p>

## SALEM SENIOR CENTER

110 Union Street  
Salem, Virginia 24153  
540-375-3054

**VICKIE SWORD**  
[vsword@salemva.gov](mailto:vsword@salemva.gov)

**HANK LUTON**  
[hluton@salemva.gov](mailto:hluton@salemva.gov)

**BRAD BLANKENSHIP**

### 49ers + Club

Fall Bazaar & Flea Market

**Saturday, September 24**

**8am – 2pm**

**Vendors include crafts, flea market finds, food, drinks, & baked goods.**

**Vendors sign up in Office! Limited space!**



### SALEM SPARTAN



#### FOOTBALL SCHEDULE

<b>AUG. 26</b>	<b>AMHERST</b>	<b>7PM</b>
<b>SEP. 9</b>	<b>@ WILLIAM BYRD</b>	<b>7PM</b>
<b>SEP. 16</b>	<b>NORTHSIDE</b>	<b>7PM</b>
<b>SEP. 23</b>	<b>@ HIDDEN VALLEY</b>	<b>7PM</b>
<b>SEP. 30</b>	<b>CARROLL COUNTY</b>	<b>7PM</b>
<b>OCT. 7</b>	<b>BLACKSBURG</b>	<b>7PM</b>
<b>OCT. 14</b>	<b>@ CHRISTIANSBURG</b>	<b>7PM</b>
<b>OCT. 21</b>	<b>PATRICK HENRY</b>	<b>7PM</b>
<b>OCT. 28</b>	<b>@ CAVE SPRING</b>	<b>7PM</b>
<b>NOV. 4</b>	<b>@ PULASKI</b>	<b>7PM</b>



#### COMPUTER CLASSES

by Mark Waldron or Hank Luton  
Wednesdays–Sign up  
2pm & 2:30pm  
(30 minute classes)

