

SALEM SENIOR CENTER

NOVEMBER 2015 NEWSLETTER

Shenandoah Shopping Trip Monday, November 23

This is a day to shop and enjoy the beautiful fall views of the Shenandoah Valley. Our trip includes:

The Cheese Shop - Unique snack selection, gluten free products, jams and jellies, old-fashioned candies, and hard-to-find baking ingredients

Little Debbie Bakery Store – Brownies, cakes, cookies, pies, cookies, muffins, pastries, and more!

Shenandoah Heritage Market - Sample some Old Fashioned Valley goodness at the area's largest Country Market. Enjoy the relaxed atmosphere of water gardens and park benches while you wander through 20+ locally owned and operated shops selling everything from antiques to homemade foods to handcrafted items

Leave from the Salem Civic Center at 8 am and return approximately 4 pm.

For more info, stop in the office for a detailed flyer.
SIGN UP IN THE OFFICE.



“Human Trafficking” Presented by **Carla Spencer** From City of Salem

Wednesday, November 4, 1pm – 2pm
Salem Senior Center

Virginia TRIAD Meeting

TRIAD is a partnership of local law enforcement, senior citizens, and senior service providers who agree to work together to reduce criminal victimization of the elderly.

Snacks will be provided
Sign up in office

SALEM SENIOR SINGERS

Thursday, November 5, **Practice**, 12:30 pm
Tuesday, November 10, **Our Lady of the Valley**. Leave from Center at 1:00 pm
Tuesday, November 24, **Snyder's Nursing Home**. Be there at 10:30 am.



SALEM SENIOR CENTER IMPORTANT ANNOUNCEMENTS



- Nov. 11 we are CLOSED for Veteran's Day
- Nov. 20 NO Senior Mountain Pickers
- Nov. 26 we are CLOSED for Thanksgiving
- Nov. 27 we are CLOSED for Thanksgiving

49ERS + CLUB

Thursday, November 5, **Meeting**, 11 am.
Thursday, November 12, **Lunch out** at Peaks of Otter. Bus will leave from the Center at 10am.
Thursday, November 19, **preside over the Monthly Luncheon**, 12 noon.

BINGO \$6.00

TUES, NOV 17 (Sign Up)
12:00pm - 2:00pm

Chili & Grilled Cheese provided.
***Bring Wrapped Bingo Prize**

COMPUTER CLASSES

Taught by Mark Waldron or Hank Luton
Every Wednesday
3:00 pm & 3:30 pm

- 30 minute sessions
- Beginner & Advanced lessons
- Facebook; social media
- Email pictures and video
- Microsoft Office

Sign up in office!!!



SALEM SENIOR CENTER MONTHLY COVERED DISH LUNCHEON

FOR SENIOR CITIZENS

Thursday, November 19, 12 noon

Turkey provided by The Hermitage of Roanoke; Chef Josh will be serving

Entertainment: Hanging Rock Ramblers

Blood pressure checks from 11 am – 12 noon
by Salem Fire Dept. & Lewis Gale Hospital

FACIAL DAY!

FACIALS, PRIZES, GIFTS, OH MY!



November 18, 2015
1pm – 3pm

Limited to first 20 people!
Sign up in the office

ELECTION
★2015★
NOV. 3



UPCOMING SPECIAL EVENTS/TRIPS

Friday, November 13, **Southern Christmas Show**, The Park Expo and Conference Center, Charlotte, NC. \$20 includes travel and entrance to the show. Leave from the Salem Civic Center at 7:00 am.

Tuesday, November 17, **Bingo Lunch**, Cost is \$6. Chili and Grilled Cheese sandwiches will be served. Bring a wrapped Bingo prize. Sign up in office.

Wednesday, November 18, **Facial Day**, 1pm-3pm; FREE. Facials, prizes, gifts, Oh My! Limited to first 20 people. Sign up in the office.

Monday, November 23, **Shenandoah Shopping Trip**, The Cheese Shop, Little Debbie Outlet Store, and Shenandoah Heritage Market in Stuarts Draft, VA. \$25 includes travel and lunch at The Wood Grill. Leave from Salem Civic Center at 8:00am. More info on calendar side of newsletter. Sign up in office.

Wednesday, December 2 – **Christmas Show at Wohlfahrt Haus**. Cost is \$58. Leave from Salem Civic Center at 10 am.

Monday, December 7 – **The Hotel Roanoke Christmas Tree Tour & Lunch Buffet**, “Fashion for Evergreens” is the Holiday attraction of the year in Roanoke. Trip includes travel, tour, and lunch in the Regency Room. Leave from Salem Senior Center at 10:30am. Sign up in office.

Wednesday, December 9 – **Bristol Motor Speedway Christmas Lights**. “The South’s Largest Holiday Light Show”. Bus leaves the Senior Center at 3:00 pm. Dinner *on your own* at Golden Corral. Should be back in Salem approximately 10:00 pm. Cost is \$12.

April 18-20, **Pigeon Forge, Gatlinburg & Smoky Mountains Show Trip**, This show and shopping trip takes us to the Smoky Mountains, Pigeon Forge, and Gatlinburg, TN. \$275 includes travel, lodging, 4 meals and entrance to 4 shows/attractions. Leave from the Salem Civic Center April 18. More info on calendar side of newsletter. Sign up in office.

Sign up in the office.
MUST PAY WHEN SIGNING UP