



## UPCOMING TRIPS

TBA (Rescheduled) – **SHENANDOAH SHOPPING TRIP**

**Location:** Stuart's Draft, Virginia

**Time:** Departs from Salem Civic Center at 8:00 am

**Cost:** \$25

**Details:** The Cheese Shop, Little Debbie Outlet Store, and Shenandoah Heritage Market in Stuart's Draft, VA Cost includes travel and lunch at the Wood Grill.



**Mon., December 5 – HOTEL ROANOKE "FESTIVAL OF TREES" & LUNCH BUFFET**

**Location:** Roanoke, Virginia

**Time:** Departs Salem Senior Center Monday at 10:00am

**Cost:** \$25

**Details:** On Thanksgiving Day, the hotel unveils its annual Christmas tree exhibit, Fashion for Evergreens. That's when 30 designer trees decorated by local artists, florists, and businesses go on display in all their glory. Visitors will be able to vote for their favorite tree through December 19. In addition, professional artists and designers will pick their top choice. The trees will remain on display through New Year's Day.

**Wed., December 7 – "A WOLFAHRT HAUS CHRISTMAS"**

**Location:** Wytheville, Virginia

**Time:** Departs from Salem Civic Center Wed at 10:00am

**Cost:** \$65.00

**Details:** Enjoy a delicious Holiday feast before you are completely immersed in the Christmas season. This original production is stuffed with all the Christmas songs you know and love, as well as dazzling dance numbers and beautiful costumes! This fun-filled Holiday production also features a breath-taking Nativity which is sure to put the whole family in the Christmas Spirit.

**Mon., December 12 – CHRISTMAS AT THE BILTMORE**

**Location:** Asheville, North Carolina

**Time:** Departs Salem Civic Center Monday at 7:00am

**Cost:** \$80

**Details:** Group will be visiting The Biltmore Estate in Asheville, North Carolina for its "Christmas at Biltmore" event. Breakfast biscuits are included during travel. Lunch in Asheville and dinner in route back to Salem are not included in the price.

# SALEM SENIOR CENTER

## NOVEMBER 2016 NEWSLETTER

### EVENTS & ACTIVITIES



## BINGO

Sponsored by Salem Health & Rehab

**Tuesday, November 1, 2:00 pm**

Bingo with an emphasis on healthy living

Sign up in the office

TUESDAY, NOVEMBER 8, 2016

## ELECTION DAY



AM I REGISTERED TO VOTE?  
WHERE DO I VOTE?

QUESTIONS PLEASE COME  
ASK US IN THE OFFICE

## SALEM SENIOR SINGERS

Thursday, November 3, **Oakland Baptist Church**, Bus leaves at 10:15 am

Tuesday, November 8, **The Oaks at Richfield**

Be there at 1:30 pm

Tuesday, November 15, **Our Lady of the Valley**

Bus leaves at 1 pm

Tuesday, November 22, **Snyder's Nursing Home**

Be there at 10:30am

## MONTHLY COVERED DISH LUNCHEON

Turkey provided by The Hermitage

FOR SENIOR CITIZENS ONLY

**Thursday, November 17, 12 noon**

**Entertainment:**

**Charlene, Benefits of Laughter**

*Please bring a covered dish!!!*

Blood pressure checks from 11 am - 12 noon by Salem Fire Dept. & Lewis Gale

## New York Life

"Tax Diversification Seminar"



w/ Debbie Bolen

WED. NOV. 2 – 1PM

Learn how to keep more of your savings you've worked a lifetime to enjoy

Also...Do you have a special child in your life? What if it were possible to give them unique gift that will enable you to share in the special moments throughout his or her life?

Snacks provided — Sign up in office

## 49ERS + CLUB MEETING SCHEDULE

Thursday, November 3, **Meeting. 11 am.**

Thursday, November 10, **Lunch out at Peaks of Otter**, Bus leaves at 10:30am

Thursday, November 17, **Directs the Monthly Luncheon 12 noon.**



HELP THE SALEM FOOD PANTRY BRING IN NON-PERISHABLE FOOD ITEMS TO HELP FEED FAMILIES IN OUR AREA. WE WANT TO HELP MAKE IT A GREAT THANKSGIVING FOR EVERYONE IN SALEM!!!

TAKING ITEMS FROM NOV. 1 – NOV. 21 BRING ITEMS TO OFFICE



**New session begins NOV. 23**  
**6 Week Session → NOV. 23 – DEC. 28**

\$20.00

SIGN UP IN OFFICE

## PNEUMONIA SHOTS

Sponsored by Kroger

**Thursday, NOV. 10 --- 1:00pm**

FREE with Medicare A/B

Sign up in Office