



City of Salem Parks and Recreation
 Sports Office – Division
 925 Union Street
 Salem, Virginia 24153

PH: 540 375.4094
 FAX: 540 375.4032



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City of Salem Adult Basketball League

BY-LAWS

The Youth Basketball leagues are governed by the National Federation of State High School Associations and these rules will apply to the By-laws except as modified herein.

League	Game Length	Ball Size
Men's Open	2 – Twenty (20) minute halves (running clock)	30.0
Church Open	2 – Twenty (20) minute halves (running clock)	30.0
Women's Open	2 – Twenty (20) minute halves (running clock)	28.5

GAMES

1. All games will be played at ALMS or West Salem Elementary (unless otherwise stated).
2. All games will be played at the time, date and location specified on the league schedule.
3. Teams must have four (4) eligible players to play a game. Teams cannot play with less than (4) four players. If eligible players is less than four (4) before or during the game, the game will be ruled a forfeit.
4. Following a forfeit game, the teams may play a practice game. Officials and scorekeepers will not work the practice game.
5. The game shall consist of two twenty (20) minutes halves, with the last two minutes of the second half stopped time per VHSL regulations.
6. **Regular Season Only:** If one team leads by more than 12 points, the clock will not stop.
7. The half time break shall be five (5) minutes.
8. Teams will be allowed two time outs per half. Each timeout will be one (1) minute in length.
9. **OVERTIME** - If the score is tied at the conclusion of the second half, play shall be extended with a three (3) minute overtime period, following a one (1) minute intermission. If the score is still tied at the end of the (3) minute overtime period, a "sudden death" period will be played. The first team to score a point will be declared the winner. Each team is permitted only one time out during an overtime period. No other time outs carry over from regulation play.

ROSTERS

1. Rosters are due before your first game.
2. All additions and deletions of players must be submitted to the sports office.
3. No roster additions will be accepted after the 3rd scheduled game.
4. Player Eligibility - All players must be 18 years of age or older as of the first game of the current season. Anyone playing college or professional basketball during the current season is not eligible for City of Salem league play. This includes Community College leagues.
5. Any player dropped from a team roster during the season is not eligible to be added by another team.
6. Only roster players are eligible. Any team that willfully falsifies a player's name in a game, or has a player participating under an assumed name loses that game, and the manager or person responsible will automatically be suspended.

EQUIPMENT

1. Team jerseys are required. Teams must have jerseys all the same color with rulebook legal numbers. Players without a proper jersey will not be allowed to play.
2. The game ball will be provided by the City of Salem Department of Parks and Recreation.
3. Only basketball or tennis shoes will be allowed on the basketball court at all times. Any player wearing shoes that mark the floor will not be allowed to participate.
4. No jewelry (i.e. earrings, necklaces, bracelets, rings, etc.) will be allowed to be worn by players during the game. **NO EXCEPTIONS.**

DETERMINATION OF LEAGUE CHAMPION

1. The team with the best overall league record will be determined the league champion.
2. Should a tie exist at the conclusion of league play, the following method will determine the league champion and runner up.
 - i. Head-to-head.
 - ii. Winner of final game played between the teams.
 - iii. Coin Flip

MISCELLANEOUS RULES

1. All players must have a valid I.D. at the game site at all times.
2. It is the duty of the team manager to supply the officials with the correct name of any player that is requested. Failure to comply will result in the manager being suspended indefinitely.
3. Any player ejected from a game is automatically suspended from the team's next two scheduled games.
4. Players or spectators that are ejected from the game must leave the City of Salem property immediately.
5. All players or spectators that are suspended will not be allowed on the City of Salem property until their suspension is over. Failure to adhere to this rule will result in a forfeiture loss for their team.
6. Leaving the bench during an altercation will result in disqualification from the game.
7. Players ejected from any two games will be suspended for the remainder of the season and may not be replaced on official team roster.
8. If the player refuses to leave within a reasonable amount of time, the game will be declared a forfeit and the team forfeiting will be subject to the forfeit fee (\$30), made payable to the City of Salem Parks and Recreation Department. This fee must be paid prior to the teams next scheduled game.
9. Player receiving a technical foul shall sit out five (5) minutes. May return to game during a dead ball after the five (5) minute cool down penalty.

DUNKING

NO DUNKING. First offense: ejection from the game, Second offense: ejection from the league. (Any attempt to dunk the ball will be an ejection, regardless if the ball is scored).

All judgments on rules and player eligibility will be made by the Salem Parks and Recreation Department are final.

BLOOD

A player, coach, or official, who is bleeding, who has an open wound, or has blood on his body or clothing, shall be prohibited from participating further in the game, until appropriate treatment has been administered. If first aid is required for a player, the player must be immediately removed from the game, unless treatment can be administered in a reasonable amount of time.

A player, coach or official will not be allowed to participate unless:

- All bleeding has stopped.
- Any exposed cut/scrape, which has bled, is completely covered.
- Bloody clothing is removed. Teams are recommended to have spare clothing/jerseys available at the game site to be used, if necessary.

GAME STATUS

For information of daily game statue please call the Salem Parks and Recreation Department cancellation is (540) 966-6900, after 3:30pm. Game schedules, reschedules, league standings and other league information will be posted online at www.salemva.gov (Parks & Recreation link, Adult Sports link).

AWARDS:

1. No awards will be given for regular season champions.
2. Tournament champions will receive t-shirts for all players listed on the official team roster.

MEN'S SLOW BREAK RULES: (Modified from above. All other league rules apply)

1. The ball (ball handler) may not cross half court until all other offensive players have already crossed.
2. While in possession of the ball in the backcourt, the ball handler must walk the ball to half court. Forward passes in the back court by offensive team mates are allowed, however no forward pass by an offensive team may cross the half court line (**Exception:** Last two minutes of each game)

Penalty (Both 1 & 2): Each team will be given one warning. The second violation will result in the defensive team being awarded possession of the ball.

3. Offensive players not in possession of the ball in the back court may run to cross half court.
4. Offensive teams will have (10) seconds to cross the half court line. **Penalty:** Defensive team awarded possession of the ball.
5. Teams may fast break and press the last two minutes of each game. (Clock stops per VHSL rules)
6. No pressing allowed (Except in last two minutes)
7. Once in the front court regular basketball rules apply.